

KATHLEEN CAMERON

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MANIFESTATION X BUSINESS

JULY 24TH & 25TH

LIVE EVENT WORKBOOK

MANIFESTATION X BUSINESS

Dear Powerful Soul,

Welcome to Manifestation Meets Business—the space where your dreams and desires collide with strategy and energy to create extraordinary results. Whether you're building a business, expanding a brand, or manifesting financial freedom, know this: you belong here.

Over these two transformational days, you'll not only learn but embody what it means to lead from spirit and act from purpose. Together, we'll dissolve limitations, reprogram beliefs, and unlock a version of you who creates wealth, success, and impact with ease and certainty.

This workbook is your sacred companion. Use it to reflect, dream, and activate new possibilities. Every prompt is designed to help you integrate what you learn—not just in your mind, but in your heart and soul.

Are you ready? Let's build the version of you who already has it all.

With love and belief,

Kathleen Cameron

EVENT DETAILS

Event: Manifestation Meets Business

When: July 24th & 25th | 10:00 AM – 12:00 PM EST

Where: Live on Zoom (link in your email)

Facebook Group: Manifested with Kathleen Cameron

Support: Your Manifestation Mentor is here to help you!

HOW TO USE THIS WORKBOOK

Dedicate quiet time for each session.

Print or fill this workbook digitally.

Reflect honestly—this is your sacred space.

Use the embodiment practices daily.

Connect with your Manifestation Mentor for guidance.

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DIAMOND ACADEMY MANIFESTATION MENTOR

Who is your Manifestation Mentor?

At this moment in your journey, the Universe has placed someone special in your path — your Diamond Academy Manifestation Mentor. They are not here by coincidence. They are a guide, a mirror, and a catalyst for your greatness.

What is a Manifestation Mentor?

A Manifestation Mentor is a soul who has walked this path before you — personally trained by Kathleen Cameron — carrying the light of wisdom, empowerment, and higher understanding. Their role is simple, yet powerful: to help you see yourself as the Universe sees you...limitless, worthy, and already whole. Your mentor is here to help you dissolve doubt, clarify your desires, and align with your next chapter of success — both in your business and your life.

Why connect with your Mentor?

When you say yes to support, you say yes to accelerated growth. Your mentor will help you tune in to your inner knowing while providing you with practical insights to unlock your highest potential. Every conversation, every question, every moment spent together is a doorway to transformation. Receive the guidance. Embrace the energy. Let your mentor help you remember who you truly are.

My Manifestation Mentor is

My Appointment Date/Time with my Manifestation Mentor is

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Self-Evaluation

Stand in front of a mirror before completing this section. Look into your own eyes. Say aloud: "I see you. I honor your journey. And I choose to rise higher." Let the emotions come. Then write.

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Self-Awareness Evaluation

Powerful Pre-Work for Your Ultimate Transformation

Before you manifest something new, you must meet yourself where you are right now. This evaluation isn't just a task — it's a sacred pause.

When I began my journey, I had to face myself honestly. Not judge myself, not shame myself — but get radically clear about the patterns, stories, and beliefs that were running my life.

This work changed everything for me.

This is your moment to do the same.

In this Self-Awareness Evaluation, you'll uncover the truth of your current inner world — not to dwell on it, but to rise above it. Clarity creates power. And this is where your power begins.

So don't hold back. Be honest. Be bold. Be willing to see yourself as you are... so you can become who you're meant to be.

Where am I right now?

In my business... in my life... in my heart...

- What's flowing beautifully?
- What feels heavy or stuck?
- What am I proud of?
- Where do I feel disconnected from my power?

I am honest. I am brave. I am ready.

"It doesn't have to be perfect. Just get it out and on paper. You're meeting yourself — not performing for anyone." — Kathleen Cameron

MY SELF AWARENESS EVALUATION

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Kathleen Cameron

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"You can't shift what you refuse to acknowledge. Face the old story so you can write a new one." Kathleen Cameron

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Day One

Stretch your body slowly from side to side. As you stretch, say: "I stretch into new possibilities. I expand beyond limits." Feel your body opening. Feel yourself expanding mentally, emotionally, and spiritually as you step into Day One.

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PASSION, PURPOSE, OR CALLING

Sit with your spine tall. Place your hand over your heart. With eyes closed, silently ask:
"Why am I here? What was I born to share with this world?" Let the answers flow.
Write whatever comes.

Why do you do what you do? (Your business, career or why would you if in transition?)

Did I choose this business, or did it choose me? Why?

How can the realization of your dreams change the world?

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IDENTITY MATTERS

Stand tall in a power pose. Hands on hips, shoulders back. Feel the strength in your body.

Say aloud: "I decide who I am. I create my identity. I embody the version of me who already has what I desire."

What are three beliefs about who I am that if I know if I change, would free me?

What is something I tell myself every day that is empowering?

What qualities do I need to possess to help those I serve more effectively?

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SPIRIT FIRST

Take 3 slow, intentional breaths. As you inhale, imagine light filling your body. As you exhale, release any tension. Whisper to yourself: "I lead with Spirit. I allow my soul to guide my business."

How engaged and inspired am I now with my business and/or career?

Do I believe I am alone in this work or that I am supported? If yes, by what or whom?

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Day Two

Rub your hands together until they feel warm and comfortable. Place your palms over your heart. Feel the heat — the energy. Say: “Day Two is my breakthrough. I’m ready.” Take one deep breath and smile.

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INSPIRED ACTION

After writing your ideas, close your eyes and visualize yourself already taking those inspired actions. Feel the ease and excitement. Say silently: "Action flows through me effortlessly. I trust my next steps."

What is one action in my life that if I took it in a more powerful way would change my life?

What is one action I do not take, or procrastinate on? And why do I think that is?

How inspired do I feel in my daily business tasks?

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THE ART OF EXPANSION

Stretch your arms as wide as possible. Visualize your energy field expanding beyond your body. Say: "I am expanding in every area of my life. My success is limitless." Then sit down and write.

How much time do I spend on personal growth and development? (Not professional development)

What kind of decision-maker am I?

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DUAL FORCES

Place one hand on your heart and one on your stomach. Breathe deeply and ask: "Where am I holding tension? What stories am I carrying that no longer serve me?" Feel into your body for guidance.

What is my dominant feeling as I engage in my business every day?

What is my biggest complaint in my business?

What are my greatest opportunities?

This image shows a full page of white paper with horizontal black ruling lines. The lines are evenly spaced and run across the width of the page, typical of notebook or legal stationery. There are no margins, text, or other markings on the page.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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FROM MY HEART TO YOURS

As we bring this journey to a close, I want you to pause and recognize something profound: You've shifted. Whether you feel it subtly or powerfully, you are not the same person who opened this workbook.

You've expanded your awareness. You've questioned old beliefs. You've remembered that the power to create anything — in life, in business, in love, in wealth — is already within you.

But here's the truth: this is just the beginning.

Right now, you're standing at the threshold of your next level. And you don't need to navigate that threshold alone.

I urge you — reach out to your Manifestation Mentor.

Why? Because transformation accelerates in connection. Your mentor isn't here by chance. They are mentored, ready, and devoted to helping you integrate what you've learned. They'll help you find clarity, break through lingering doubts, and hold space for your highest self.

So don't hesitate. Message them. Book a call. Open your heart to guidance.

Because what's waiting for you... is everything you've ever dreamed of — and more.

I believe in you.

Now, it's time to believe in yourself.

I love you.

Kathleen